

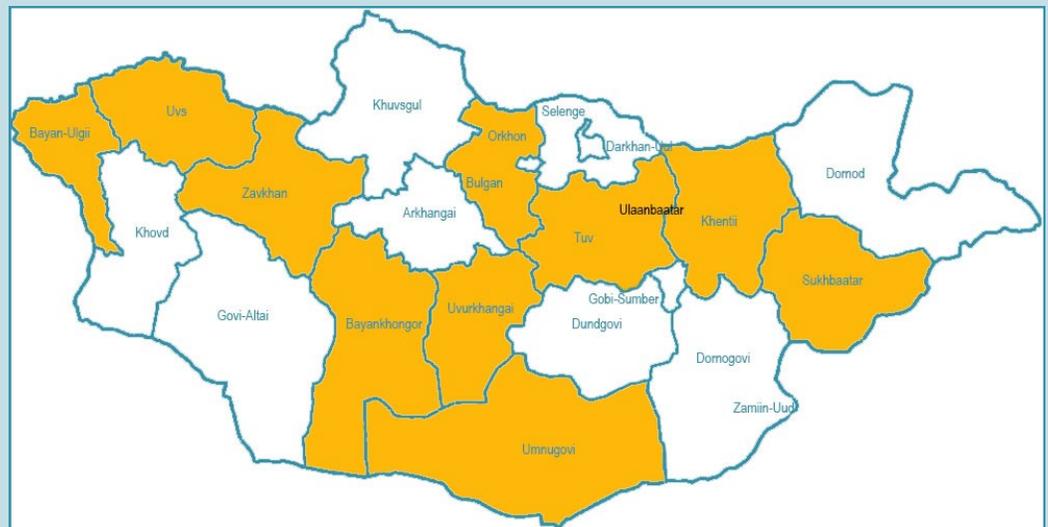
# A.C.S. ACTIVITY

American Citizens Services Newsletter

Recently, your Consular team trained five of your fellow Citizen Liaison Volunteers (CLV) for the upcoming year.

These newly appointed CLVs were trained on how to handle emergency calls from American citizens living in Mongolia. This is profoundly important for the protection of Americans living in this unique environment. Consider becoming a CLV yourself! First of all, Mongolia is fairly large and the Consular section is located in the capital, Ulaanbaatar. We need help to cover all of the provinces. Second, we do not know the local officials in all the provinces as well as you may know them. Third, you may be friends with your American neighbors and want to help them in a time of need or crisis. And lastly, you will be the first to know important information distributed from the Embassy and be able to pass it along to the Americans in your area. You will also be welcome to participate in our yearly emergency preparedness training. The June 2018 training was for an earthquake in Khovd, and we involved the Liaisons who live there. Next time, it could be

## Liaisons in Mongolia



*Places in need of a CLV are shown in gold above.*

your chance to get involved in a joint military, NEMA, and Consular emergency simulation.

Liaisons are needed in these areas: Baganuur District of Ulaanbaatar, Bayankhongor, Bayan Ulgii, Bulgan, International School of Ulaanbaatar (ISU), Khentii, Oyu Tolgoi, Sukhbaatar, Tuv, Umnugobi, Uvs, Uvurkhangai, and Zavhan.

If you live in one of these areas, please volunteer to be a Liaison. You can email [ulaanbaatarACS@state.gov](mailto:ulaanbaatarACS@state.gov) with your information and we will get you set up.

# Contact your Embassy

U.S. Embassy  
Denver Street #3  
11th Micro District  
Ulaanbaatar, 14190 Mongolia

Hours: **Monday to Friday, 8:30am-5pm**

Phone: **+976 7007-6001**

Fax: +976 7007-6014

After hours emergency call: +976 9911-4168

American Citizens' Services Time:

**Every Tuesday 1-3pm** (except on U.S.  
& local holidays. Appointments needed.)

E-mail: [ulaanbaatarACS@state.gov](mailto:ulaanbaatarACS@state.gov)

Web: <https://mn.usembassy.gov>

Facebook: **USEmbMongolia**

Twitter: **USEmbMongolia**



## Sexual Assault

*Women are warned about independent international travel because they are much more likely than men to be the victims of sexual harassment and assault. Mongolia is no different. In the past year, two American females were sexually assaulted when they became separated from their groups.*

*Never leave food/drinks unattended. Be wary of accepting snacks, beverages, gum, or cigarettes from new acquaintances. "Date-rape drugs" are tasteless and colorless and can leave you unconscious and defenseless. Alcohol alone is the drug most frequently used in sexual assault.*

*If you begin to feel strange, sick, or intoxicated for no obvious reason, ask a friend to take you to a safe place. If you're alone, call the police, a hospital, or the nearest Citizen Liaison Volunteer. If you feel threatened, don't hesitate to draw attention to yourself by shouting and alerting others.*

## U.S. Elections

U.S. Midterm elections are approaching on November 6, 2018. You can bring your ballot in an un-sealed envelope to the Consular Section of the U.S. Embassy and we will seal it

here in front of an officer. We will then deliver your ballot through diplomatic pouch to the U.S. Please ensure that your envelope has postage on it to mail it from Virginia onward.

Federal offices that are

up for election during the midterms are members of the U.S. Congress, including all 435 seats in the U.S. House of Representatives, and the full terms for 35 of the 100 seats in the U.S. Senate.

## TIP: Flu Vaccine

Everyone 6 months of age and older should get a flu vaccine every season. You should get your vaccine two weeks before the flu starts spreading in your community so antibodies have time to develop. Flu hits Mongolia from October to March. You can show this to a local medical facility to ask for a flu shot:

“Би томуугийн вакцин хийлгэх гэсэн юм.”

## *Sebastian:* From Seattle to Mongolia's Countryside



Sebastian Zusi moved to Mongolia in 2016 to serve in the U.S. Peace Corps. He has lived in the countryside for the last two years. He then realized that the city and the countryside are two very different places with different cultures and he didn't want to leave Mongolia with a one-sided perspective of the country. So, Sebastian decided to stay for a 3<sup>rd</sup> year with the Peace Corps and live in Ulaanbaatar (UB) to get a more well-rounded idea of Mongolia. Meet Sebastian, a fellow American:

Sebastian enjoys photography as well as photo and video editing. He also enjoyed a really nice sauna inside his shower house in the countryside. However, the shower house only worked about 5 times in his 2 years there, adding to the special allure of it. In UB, his favorite little secret is a café called "Peabody" on Seoul Street. It just expanded and remodeled this last spring. "Peabody has a rustic inside and they pair their coffee with almonds to help cleanse the pallet and give you that first drink experience every drink!" says Sebastian fondly.

Sebastian learned that he had gotten over his need for personal space during a trip in the countryside. He was traveling in a small

*"Well... This is integration, right?"*

van which was packed with 31 people! Then he woke to find a huge man sleeping in his lap and realized that he, himself, was sleeping on the man's back. He slept very well on that trip and thought to himself "Well... This is integration, right?"

Sebastian is a U.S. Peace Corps Volunteer Leader, who helps volunteers transition into service. He helps them to have successful trainings, and find resources. Sebastian also teaches English to high school students and methodology to other teachers.

He is from Seattle, Washington, and misses the Puget Sound and the mountains in Seattle. However, he's happy for the opportunity to work with his colleagues and get experience in the international development field, as it is where he would like to take his career.



## Travel Warnings & Alerts

Level 3: Reconsider Travel to:

<i>Location:</i>	<i>Posted on:</i>
<b>Russia</b>	June 15, 2018
<b>Turkey</b>	June 28, 2018

Level 2: Exercise Increased Caution in:

<i>Location:</i>	<i>Posted on:</i>
<b>China</b>	January 22, 2018
<b>India</b>	January 10, 2018
<b>Indonesia</b>	January 10, 2018
<b>Papua New Guinea</b>	July 25, 2018
<b>Philippines</b>	April 13, 2018

Level 1: Exercise Normal Precautions in:

<i>Location:</i>	<i>Posted on:</i>
<b>Malaysia</b>	January 10, 2018
<b>South Korea</b>	January 10, 2018
<b>Vietnam</b>	January 10, 2018

For additional information, visit:

<https://travel.state.gov/content/travel/en/international-travel.html>



Mongolia boasts of beautiful landscapes and mountainous views. You are welcome to send your photo submissions for future newsletters to:

[ulaanbaatarACS@state.gov](mailto:ulaanbaatarACS@state.gov)

Please include your name and the location of the photo.

This photo was taken by Sebastian Zusi.

## Halloween

is almost here, are you ready?

Be sure to stock up on candy and goodies for the little ghosts and goblins in your neighborhood. If your friends don't know what Halloween is, they are sure to appreciate the lesson on this fun holiday.

Other names for Halloween:

- All Hallows Eve
- Samhain
- All Hallowtide
- The Feast of the Dead
- The Day of the Dead
- Cabbage Night

Did you know it was a Celtic holiday? No? And here we thought the Irish owned St. Patrick's Day, but they also claim rights to Samhain! Halloween came to North America by European immigrants who celebrated the harvest around a bonfire, shared ghost stories, sang, danced, and told fortunes.

Where did the typical Halloween colors, orange and black, come from? Orange is associated with the Fall harvest and black is associated with darkness and death. Hence the perfect spooky mix.

Don't worry if you can't find the perfect pumpkin to carve. Early Jack O'Lanterns were actually made from turnips.

